

# March 2019

## Elementary K-5 Diabetic Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>*Indicated Pork Item</b>                      All meals served with a choice of 1% plain milk 14g or non-fat chocolate                      Variety of cereals offered daily:                      Cheerios 20g, Frosted-Mini-Spooners<sup>TM</sup>, Raisin Bran/ Honey Nut Scooters</p>	<p><b>Today you are You,                      that is truer than true.                      There is no one alive                      who is Youer than You.</b>                      -Dr. Seuss</p> <p>Happy Birthday Dr. Seuss!</p> 			<p>Banana 27g                      Cherry Frudel 37                      Cereal, 2oz                      Apple Juice 4oz-</p>
4	5	National School Breakfast Week!		8
<p><b>Fresh Fruit</b>                      Canned Pears                      Egg &amp; Cheese Sandwich 19g                      Cereal, 2oz                      Wildberry Juice 4oz</p>	<p><b>Fresh Fruit</b>                      Canned Fruit Mix                      Soft Fill Cinn. Toast Crunch Bar 40g                      Cereal, 2oz                      Apple Juice 4oz</p>	<p>Fresh Grapes 10g                      Pancake Sausage Sandwich 19g                      Cereal, 2oz                      Fruit Punch Juice 4oz  <b>Diabetic Syrup</b>                      Condiments - Pancake Syrup</p>	<p>Orange 15g                      Dbl. Choc. Muffin 59g &amp; Cheese 1g                      Cereal, 2oz                      Wildberry Juice 4oz</p>	<p>Applesauce 24g                      Blueberry Crumble 46g                      Cereal, 2oz                      Orange Juice 4oz</p>
11	12	13	14	15
<p><b>Fresh Fruit</b>                      Canned Mandarin Oranges                      Oatmeal Choc. Chip Breakfast Bar 47g                      Cereal, 2oz                      Fruit Punch Juice 4oz</p>	<p>Apple Slices 8g                      Pancake Turkey Sausage Stick 22g                      Cereal, 2oz                      Wildberry Juice 4oz  <b>Diabetic Syrup</b>                      Condiments - Pancake Syrup</p>	<p><b>Fresh Fruit</b>                      Canned Peaches                      Concha Bread 34g                      Cereal, 2oz                      Orange Juice 4oz</p>	<p>Fresh Pear 25g                      Choc. Chip Scone 54g                      Cereal, 2oz                      Apple Juice 4oz</p>	<p>Fresh Grapes 10g                      Breakfast Sausage Pizza 26g                      Cereal, 2oz                      Fruit Punch Juice 4oz</p>
18	19	20	21	22
<p><b>Fresh Fruit</b>                      Canned Peaches                      French Toast Sticks 28g                      Cereal, 2oz                      Wildberry Juice 4oz  <b>Diabetic Syrup</b>                      Condiments - Pancake Syrup</p>	<p><b>Fresh Fruit</b>                      Canned Pears                      Breakfast Chicken Sandwich 36g                      Cereal, 2oz                      Apple Juice 4oz                      Condiments - Ketchup 3g</p>	<p>Tangerine 16g                      Apple Muffin top 33g                      Cereal, 2oz                      Fruit Punch Juice 4oz</p>	<p>Apple Slices 8g                      Dutch Waffle 45g                      Cereal, 2oz                      Beef Pierre Sausage Patty 1g                      Orange Juice 4oz</p>	<p><b>Fresh Fruit</b>                      Pineapple Chunks                      Buttermilk Bars 43g                      Cereal, 2oz                      Wildberry Juice 4oz</p>



NO SCHOOL March 25th - April 5th